**JALALABAD DISABLED REHABILITATION CENTER & HOSPITAL, SYLHET.**

Bangladesh is the most densely populated country with a population of about 150 million of which 75% live in the villages. Besides other characteristics of the developing countries of health sector of Bangladesh also lacks and modern facilities. It is estimated by WHO that about 10% of population suffer from physical and mental disability resulting from various disease and accident. Most often this huge population cannot afford to avail medical treatment and rehabilitation facilities. So far rehabilitation services are concerned facilities very limited as there is only one centre in Dhaka at Savar. Jalalabad Disabled Rehabilitation Centre & Hospital, Sylhet is only one functioning rehabilitation centre which plays very vital role for the disabled. We the 4th year MBBS students (SWMC-V) of Sylhet Women’s Medical College, have visited Jalalabad Disabled Rehabilitation Centre & Hospital, Sylhet Group wise on 9th, 10th & 11th March,2014 under the guidance of department of Community Medicine. Jalalabad Disabled Rehabilitation Centre & Hospital is a specialized hospital in sylhet Sadar at Kumarpara opposite to Hazrat Manik Pir Saheb (Rahmatulla- he Alaihe) graveyard. The hospital was estabilished in the year of 1996 with a small outpatient clinic rental tin shed house for helping the physically challenged underprivileged people of all ages. It has been a time demanding, brilliant effort from the Rotary Club of Jalalabad under Rotary International District 3280, Bangladesh. With whole hearted effort from the authority subsequently has grown in few years time into a big, fledged specialized hospital in its own multistoried building. It serves total services to the disabled headed by Dr.Sydur Rahman.

* Day of visit : 9,10,11 March 2014
* Name of organization : Jalalabad Disabled Rehabilitation Centre & Hospital
* Location : Kumarpara, Manikpir Sabeb Road,Sylhet.
* Year of establishment :1996

**Objectives of visiting Jalalabad Disabled Rehabilitation Centre & Hospital:**

1. To observe the services rendered by Jalalabad Disabled Rehabilitation Centre & Hospital
2. To gain practical knowledge regarding rehabilitation services provide to the disabled persons.
3. To see some cases of disabled person and their management as these services are not provided by general hospitals in full.
4. Infrastructure, Machines & equipments, Staffing pattern of a rehabilitation centre for the disabled.

**Aims & Objectives:**

* To utilize existing capacity of handicapped patient up to optimum level
* To conduct physio and occupational training courses of various duration & grades in order to develop skilled men power.
* To set up linkage with international and communities.

**Board of Management:**

1. Chairman - 01
2. Vice-chairman - 01
3. Secretary - 01
4. Additional Secretary --01
5. Directors - 13

**Employees:**

|  |  |  |
| --- | --- | --- |
| **SL.No** | **Post** | **Number** |
| 1 | Senior Consultant Neurology |  |
| 2 | Consultant Physiotherapist (Rehab) |  |
| 3 | Occupational Physiotherapist |  |
| 4 | Clinical Physiotherapist |  |
| 5 | Medical Officer |  |
| 6 | Physiotherapy Technologist |  |
| 7 | Physiotherapy Assistant |  |
| 8 | Nurses |  |
| 9 | Receptionist |  |
| 10 | Manager |  |
| 11 | Care Taker |  |
| 12 | Ward Assistant |  |
| 13 | Aya |  |
| 14 | Guard |  |
| **Limb Centre** | | |
| 15 | Chief Technologist of Limb & Breech |  |
| 16 | Assistant Technologist of Limb & Breech |  |
| **Total** |  | **50** |

**Available Services:**

**Outdoor Service:**

* Number of Doctors : 03
* Average daily Patients: 100
* Day: Saturday – Thursday
* Time: 9.00 am – 5.00pm
* Fee;30 taka

**Indoor Services:**

* Number of bed :33

(Cabin – 16,

Ward (17) – Male 8, Female & Pediatrics - 9

**Charge:**

Cabin: 300 – 400 Taka

Ward Bed: 150 taka

**Free for patients certified as poor by the concerned Ward Commissioner/Chairman**

* Number of patients taken services from the hospital in the last year (2012)

**Workshop:** Following instruments are made for external support of patients

**One Male Exercise therapeutic Unit: Charge 150 tk but free for poor**

|  |  |
| --- | --- |
| **Instrument** | **Number** |
| Static Bicycle | 1 |
| Walker | 1 |
| Bed | 4 |
| Shoulder Wheel | 1 |

**One Male Exercise therapeutic Unit: Charge 150 tk but free for poor**

|  |  |
| --- | --- |
| **Instrument** | **Number** |
| Ball | 1 |
| Walker | 1 |
| Special Chair for Child | 1 |
| Bed | 3 |

**Available Instrument**

|  |  |  |
| --- | --- | --- |
| **Sl. No** | **Name** | **Number** |
| 1 | Short wave diathermy | 1 |
| 2 | Micro computed traction unit | 3 |
| 3 | Ultrasound Unit | 2 |
| 4 | Electrical Stimulator | 2 |
| 5 | Paraffin Wax | 1 |
| 6 | Tranceelectrica nerve stimulator | 2 |

**Common Cases:**

1. Neurologic Case

Stroke

Cerebral Palsy

Spinal Cord Injury

Bell’s palsy

1. Orthopaedic Cases

Frozen shoulder

Osteoarthritis

Intervertebral disc prolapsed

**Special Facilities**

* Doctors are available round clock – 24 hours a day
* Generator Service is available
* Kitchen Facilities

**Limitation**

* Inadequate Accommodation
* Insufficient Fund
* Lack of Ambulance Service
* Lack of Children exercise therapeutic unit

**Future Plan**

* Establishment of another large rehabilitation hospital within 10 km of City.
* Establishment of Blood Bank, Limb Centre

**Conclusion**

Jalalabad Disabled Rehabilitation Centre is an achievement of Rotary Club of Jalalabad. They Render service for humanity through treatment and rehabilitation. We believe that such landmark of charitable project will inspire to do something for mankind in our future life.